

SRI SAI INSTITUTE OF AYURVEDIC RESEARCH AND MEDICINE,
Bhopal (M.P.)

B.A.M.S. First Prof. Time Table (Batch 2024-25)

Day	09:00 AM-10:00 AM	10:00 AM-11:00 AM	11:00 AM-12:00 PM	12:00 Noon 12:30 PM	12:30 PM- 01:30 PM	01:30 PM-2:30 PM	02:30 PM-3:30 PM	03:30 PM-04:00 PM
						Practical 01:30 PM - 3:30 PM		
Mon	Samhita Adhyayan -1 Dr. Dhruv	Kriya Sharir Dr. Vikas	Rachana Sharir (NLH/NDL) Dr. Kishor K	L U N C H	Padartha Vigyan (NLH/NDL.) Dr. Preeti	Rachana Sharir Batch- A Dr. Runjhun	Kriya Sharir Batch- B Dr. Vikas	Library
Tue	Sanskrit & AI Mr. Murari	Kriya Sharir (NLH/NDL) Dr. Pooja	Rachana Sharir Dr. Arif		Samhita Adhyayan -1 Dr. Sameeksha B	Rachana Sharir Batch- A Dr. Arif	Kriya Sharir Batch- B Dr. Pooja	Library
Wed	Sanskrit & AI Mr. Murari	Kriya Sharir Dr. Vikas	Rachana Sharir (NLH/NDL) Dr. Kishor K		Samhita Adhyayan -1 (NLH/NDL) Dr. Dhruv	Rachana Sharir Batch- B Dr. Runjhun	Kriya Sharir Batch- A Dr. Vikas	Recreational Activity
Thu	Sanskrit & AI (NLH/NDL) Mr. Murari	Samhita Adhyayan -1 (NLH/NDL) Dr. Akanksha O	Rachana Sharir Dr. Runjhun		Padartha Vigyan (NLH/NDL) Dr. Sameeksha B	Rachana Sharir Batch- B Dr. Arif	Kriya Sharir Batch- A Dr. Pooja	Recreational Activity
Fri	Samhita Adhyayan -1 (NLH/NDL) Dr. Preeti	Kriya Sharir Dr. Pooja	Rachana Sharir Dr. Runjhun		Padartha Vigyan Dr. Dhruv	Rachana Sharir (KK) Batch- A Sanskrit & AI (MR) Batch- B	Sanskrit & AI (MR) Batch- A Rachana Sharir (KK) Batch- B	Sports
Sat	Samhita Adhyayan -1 (NLH/NDL) Dr. Sameeksha B	Kriya Sharir (NLH/NDL) Dr. Vikas	Rachana Sharir Dr. Arif		I, III, V (NLH) Padartha Vigyan II, IV Kriya Sharir (V)	Rachana Sharir Dr. Runjhun	PBL/IT/Seminar/other NDL	

PBL/IT/Seminar/other NDL	
Samhita Adhyayan-1	Jan, June, Sep 26
RachanaSharir	Feb, Mar, Nov, Dec 26
KriyaSharir	Apr, July, Aug 26
PadarthaVigyan	Oct 26, Feb, Mar 27

N.B: -

- 1) This time table will be applicable from 19.01.2026 (Monday)
- 2) To be displayed on notice boards of departments and class room
- 3) Batch – A= 1 to 50, B= 51 to 100.

Abbreviations:

NLH-Non Lecture hour, **NDL**- Non didactic Lecture

Principal
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