

FACULTY OF AYURVEDA, MANSAROVAR GLOBAL UNIVERSITY

BILKISGANJ, SEHORE (M.P)


Time table for First Professional B.A.M.S. (Batch 2025 – 26) W.E.F. 01/04/2026

Time/ Day	9:00 am – 10:00 am	10:00 am – 11:00 am	11:00 am – 12:00noon	12:00 noon - 12:30 pm	12:30 pm – 01:30 pm	1:30 pm – 3:30 pm NLH Practical		3:30 pm – 4:00 pm
Mon	SA-1 LH Dr. Apama Sharnagat (AP)	Rachana Sharir LH Dr. Anish Pathak (AS)	Kriya Sharir LH Dr. Anila Bhargav (P)	L U N C H	Padarth Vigyan LH Dr. Goutam Nagraj (AS)	Rachana Sharir Batch A Dr. Mayur Parate(P)	Kriya Sharir Batch B Dr. Babul Tamrakar(P)	Recreational activity/ Shlok Pathan
Tue	SN & AI Mr. Arvind Sharma (AP)	Rachana Sharir LH Dr. Mayur Parate(P)	SA-1 NLH Dr. Goutam Nagraj (AS)		Padarth Vigyan LH Dr. Anil Jaswani (AP)	Rachana Sharir Batch A Dr. Amrita Pandey(AP)	Kriya Sharir Batch B Dr.Farheen Shaikh(AP)	Recreational activity/ Shlok Pathan
Wed	SN & AI Mr. Arvind Sharma (AP)	Rachana Sharir LH Dr. Amrita Pandey (AP)	Kriya Sharir LH Dr. Babul Tamrakar (P)		SA-1 LH Dr. Vijay Patha (P)	Rachana Sharir Batch B Dr. Anish Pathak(AS)	Kriya Sharir Batch A Dr.Farheen Shaikh(AP)	Sports
Thu	SN & AI Mr. Arvind Sharma (AP)	Rachana Sharir LH Dr. Amrita Pandey(AP)	Kriya Sharir LH Dr. Farheen Shaikh (AP)		SA-1 NLH Dr.Apama Sharnagat(AP)	Rachana Sharir Batch B Dr. Anish Pathak(AS)	Kriya Sharir Batch A Dr.Anila Bhargav(P)	Sports
Fri	Padarth Vigyan LH Dr. Anil Jaswani (AP)	Rachana Sharir NLH Dr. Amrita Pandey (AP)	Kriya Sharir LH Dr. Babul Tamrakar (P)		SA-1 LH/NLH Dr. Goutam Nagraj (AS)	Rachana Sharir Batch B Dr. Mayur Parate (P)	SN & AI Batch A Mr. Arvind Sharma(AP)	Library
Sat	Padarth Vigyan LH Dr. Anil Jaswani (AP)	Rachana Sharir NLH Dr. Anish Pathak (AS)	Kriya Sharir- NLH Dr. Farheen Shaikh (AP)		SA-1 NLH Dr. Goutam Nagraj(AS)	Rachana Sharir Batch A Dr.Amrita Pandey (AP)	SN & AI Batch B Mr. Arvind Sharma (AP)	Library

Abbreviations: LH- Lecture Hour, NLH- Non Lecture Hour, SN & AI- Sanskrit & Ayurved Itihas, SA-I- Samhita Adhyayan -I
SA-1 (LH/NLH) - 1st, 3rd, 5th Friday will be LH; 2nd, 4th Friday will be NLH.

P - Professor; AS - Associate Professor; AP - Assistant Professor.

To be displayed on notice boards of departments and classrooms.


 Principal,
 Faculty of Ayurveda,
 Mansarovar Global University
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